



# ZUKUMA – WOMEN'S EMPOWERMENT



## BECOME AWARE:

- In many contexts women are regarded as “property” and denied education and skill training.
- As women are organized into “Self-help groups” they support one another and are taught about health, nutrition, sanitation, and hygiene. They learn new skills that help them earn some money and build their self-esteem. Together they address harmful social and cultural practices in the community.
- In Zukuma, Malawi, we provided sewing machines for several reasons such self-help groups so that they could sew the uniforms for the Nazarene school and sew other clothing to sell in the local market.

## DONATE:

Send cheque payable to “the Church of the Nazarene Canada” to the National Office, 3657 Ponytrail Dr. Mississauga ON L4X 1W5

- Or on our website [www.ncmcanada.ca](http://www.ncmcanada.ca)
- Or phone 1-888-808-7490 / 905-602-8220 Ext.2
- Or by E-transfer to  
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Specify: Zukuma - Women Empowerment

## COUNTRIES:

- Malawi, Africa
- Bangladesh
- Nepal

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The empowerment and autonomy of women and the improvement of their political, social, economic and health status is a highly important end in itself. In addition, it is essential for the achievement of sustainable development.